

# HEALTH PROFESSIONS (HP)

## HP-102 Cultural Studies in Healthcare (3 credits)

This course introduces students to professions within the US healthcare system, including the historical, systemic, political, and structural influences that shaped the culture of the professions. This includes professional norms, values, and traditions as well as popular perceptions of the roles of the various professions within the United States healthcare system. Students learn how to analyze and contextualize various kinds of practices and behaviors that occur within health systems, professions, and between health professionals. Students develop skills necessary to navigate the cultural differences by health profession and to demonstrate competence when interacting within healthcare culture.

Course Types: Civic Engagement

## HP-103 Professionalism (1 credits)

This course prepares students who plan to become healthcare professionals to demonstrate basic professional behaviors required for all healthcare professionals and to navigate the professional culture of healthcare. In particular students will demonstrate: 1) culturally competent interpersonal interactions. 2) appropriate dress and personal presentation in healthcare settings, and 3) the ability to plan for and obtain ongoing professional development to meet the changing requirements of healthcare settings.

Course Types: Cultural Competence; Culture Comp/Glob Society

## HP-201 Community Health Experience (2-4 credits)

This course provides students with a community health field work experience in a community health setting. Students will apply course work knowledge and skills to a community health problem or initiative through the completion of a negotiated experience that is developed in collaboration between the student, preceptor, and the School of Health Professions.

Course Types: Oral Communication

## HP-203 Medical Terminology (1 credits)

This course applies medical terminology including word components (root word, prefix and suffix), medical abbreviations, pathologies and diagnostic tests. Students also learn how to conduct a chart review, interpret admission notes, surgical reports, discharge summaries, and understand the components of a SOAP note.

Course Types: Written Communication

## HP-301 Introduction to Qigong: Theory, Evidence And Practice (1 credits)

Qigong is a therapeutic exercise practiced in traditional Chinese medicine. It involves adjustment of mind, body and breath. This self-paced, online course is an introduction to this ancient Eastern art. It provides the foundation for maintenance of health and wellness and stress management through the practice of active Qigong exercise and meditation. History, theory, and mind/body practice of Qigong are presented. It is the first course within a 3-course sequence on Qigong practice. While this course may be professionally most useful for those in health care service, it has direct benefit for all who seek to participate in personal maintenance of health through practice of Qigong. Evaluation is by objective online exam. Recommended time to complete the course is 8 weeks. (20 contact hours) Learning hours committed to this course may be submitted for review toward Qigong Leader/Instructor certification.

## HP-302 24-Posture Qigong Form Of Qigong (1 credits)

This second course in an online 3-course series on Qigong practice introduces participants to the Wu Yi Jie He 24-Posture Qigong Form. Topics include demonstration, performance feedback and energetic and physical analysis of each posture. Upon completion of this course and its pre-requisite course: Health and Clinical Applications of Qigong, students will receive a Village of Healing and Wellness (VHW) Certification as a 24-Posture Qigong Leader. (20 contact hours)

Corequisite(s): Take HP-301

## HP-303 Qigong: Health and Clinical Applications Of Qigong (1 credits)

This third course in an online 3-course series on Qigong practice introduces participants to clinical applications in integrative Qigong exercise. Topics include complementary management of healthy ageing, cancer and other chronic disorders, balance training and fall prevention, and musculoskeletal complaints including shoulder and back complaints. Successful participants will receive a certificate in 'Health and Clinical Applications of Qigong' from the Village of Healing and Wellness? (VHW), St. Catharines, ON. (20 contact hours)

Corequisite(s): Take HP-301 HP-302

## HP-389 Special Topics (1 credits)

Special Topics

## HP-390 Special Topics (1 credits)

Special Topics

## HP-501 Introduction to Qigong: Theory, Evidence And Practice (1 credits)

Qigong is a therapeutic exercise practiced in traditional Chinese medicine. It involves adjustment of mind, body and breath. This self-paced, online course is an introduction to this ancient Eastern art. It provides the foundation for maintenance of health and wellness and stress management through the practice of active Qigong exercise and meditation. History, theory, and mind/body practice of Qigong are presented. It is the first course within a 3-course sequence on Qigong practice. While this course may be professionally most useful for those in health care service, it has direct benefit for all who seek to participate in personal maintenance of health through practice of Qigong. Evaluation is by objective online exam. Recommended time to complete the course is 8 weeks. (20 contact hours) Learning hours committed to this course may be submitted for review toward Qigong Leader/Instructor certification.

## HP-502 24-Posture Qigong Form And Practice (1 credits)

This second course in an online 3-course series on Qigong practice introduces participants to the Wu Yi Jie He 24-Posture Qigong Form. Topics include demonstration, performance feedback and energetic and physical analysis of each posture. Upon completion of this course and its pre-requisite course: Health and Clinical Applications of Qigong, students will receive a Village of Healing and Wellness (VHW) Certification as a 24-Posture Qigong Leader. (20 contact hours)

Corequisite(s): Take HP-501

**HP-503 Qigong: Health and Clinical Applications Of Qigong (1 credits)**

This third course in an online 3-course series on Qigong practice introduces participants to clinical applications in integrative Qigong exercise. Topics include complementary management of healthy ageing, cancer and other chronic disorders, balance training and fall prevention, and musculoskeletal complaints including shoulder and back complaints. Successful participants will receive a certificate in 'Health and Clinical Applications of Qigong' from the Village of Healing and Wellness? (VHW), St. Catharines, ON. (20 contact hours)

Corequisite(s): Take HP-501 HP-502

**HP-689 Special Topics (1 credits)**

**HP-689L Special Topics Lab (2 credits)**

**HP-690 Special Topics (1 credits)**